

Granby High School Crew Team Booster Club, Inc.

ROWER/PARENT CONTRACT

All persons associating themselves with the Granby High School Crew Team Booster Club, Inc. are to always comport themselves in a respectful manner, exemplifying sportsmanship when interacting with any person in any setting. This is to include rowers, coaches, and parents during all GHS CREW activities, if not their lives outside the club, as well.

Parent Involvement

Expected by the Granby High School Crew Team Booster Club Inc. in order to support the team and provide opportunities for the rowers.

- A parent will not attempt to influence coaches' decisions.

Dues and obligations

- See Dues and Obligations Agreement

Line-ups

No rower is ever guaranteed any seat in any boat. No one is entitled to anything other than the opportunity to row.

- Due to rower to seat ratio, as well as absences, a rower may spend time in a launch.
- Coaches will make all decisions regarding line-ups.
 - Some factors included in these decisions are: strength, skill, attendance, attitude/character, length of time with the team

Changes in line-ups may occur at any point up until a boat leaves the dock for a race.

Attendance

Unlike all other team sports, crew does not allow for substitutions during competition, therefore attendance to practices and regattas is crucial. Any absence affects individual rowers, the crews, and/or boat assignments. Therefore, if a rower does not attend a practice for any reason, excused or unexcused, the absent rower's position must be earned again. Upon the absent rower's return, he or she must earn back their position in the boat.

- Excused absences include illnesses and family matters. o Excused absences also include extra-curricular academic activities (i.e. field trips). Rowers should be aware of homework, quizzes, tests, etc. and plan accordingly so that those regularly occurring events do not impede the training schedule. o Excused absences do not incur any PT (physical training) in order to return to practice.
- Unexcused absences will incur mandatory PT prior to returning to practice. PT may include any combination of running, erging, push-ups, sit-ups, etc.
- An absent rower earns a seat in a boat by returning to regular attendance, maintaining a positive attitude, and strong performance.

ISS/OSS

- In accordance with NPS policy on suspensions, students under suspension will not be allowed to take part in extracurricular activities for the duration of that student's suspension.

Tobacco, Alcohol, and Drugs

Use of the above substances may incur, but is not limited to suspension or expulsion from the team.

Members in compliance with the above expectations can expect to be educated in the sport of crew. Members will learn sportsmanship, boatmanship, as well as the ability to work with others toward a common goal for the benefit of all involved. Crew is a lifelong sport whether participants continue to row or not, experiences and lessons learned will last forever.